



Welsh drivers lead in road safety

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The Welsh are better planning their New Year driving than most parts of the UK.

Going to a New Year's Eve party and having a skin-full is generally acknowledged as part of the ritual of seeing-in the New Year but less understood are the effects of alcohol consumption the night before on driving the morning after.

According to a new poll by **AlcoSense** Breathalysers, 46.6% of people surveyed admitted to having driven whilst over the limit in the past, 31.4% unintentionally the morning after, plus an astonishing 12.6% had driven over the limit, intentionally.

The South West, Yorkshire and Humber regions were the worst offenders, with 56.8% and 52.1% of drivers surveyed admitting drink driving respectively.

Wales was the best behaved but 33.3% of Welsh drivers polled still admitted to having drink driven and just over 11.11% said they knowingly did.

Hang up your mobile phone, that's the RAC drivers' New Year resolution suggestion.

RAC research highlights that the motoring offence has reached epidemic proportions with its annual Report on Motoring revealing that attitudes to using a handheld phone when driving have relaxed significantly over the last couple of years.

The number of motorists admitting to using their handheld mobile phone to make a call when driving has increased from 8% in 2014 to 31% today.

Additionally, there has been a rise in drivers sending a text, email or posting on social



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media, with the figure increasing from 7% two years ago to 19% in 2016.