



Sustrans school's healthy lesson

Published: 1st December 2018

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Online version: <http://www.wheelswithinwales.uk/sustrans-schools-healthy-lesson/>

Ysgol Bro Lleu, Penygroes has been awarded charity Sustrans' Bronze School Mark Award for its commitment to walking, cycling and scooter use for the journey to school.

Gwen Thomas, Sustrans schools officer for North Wales, handed over the award to the school's Eco Council to congratulate children, parents and teachers for their efforts in increasing pupils' walking, scooting and cycling levels by transforming the school journey.

The school became a Sustrans Active Journeys school last year and over the past 12 months they have hosted a variety of activities to encourage pupils to walk, cycle and use their scooters to come to school.

The school were awarded a School Mark award plaque and certificate for their efforts, and will inspire other schools in the area to take the steps needed to achieve Sustrans School Mark accreditation.

The School Mark accreditation scheme is open to all schools in Wales for free. Schools can register for the award here: <http://www.sustrans.org.uk/wales/schoolmark>

Sustrans works with a number of schools in North Wales, through Welsh Government funding, to help children overcome the barriers preventing them travelling actively and healthily to school.

Gerallt Jones, head teacher at Ysgol Bro Lleu said, "It is fantastic to see families supporting the school and the pupils by travelling actively to school. We know the situation with traffic in the area is not the best, but each family that walks, cycles or scoots to school is one car less outside the gates.



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“Walking and cycling is good for students’ health, confidence and independence and it makes them better learners in the classroom too.”